



OCTOBER 2020

Marnie Simons Elementary/Hamburg Middle School

Breakfast Bar, Toast, Fruit

Monday

Hamburger on WG Bun **5**
Tri Taters
Steamed Peas
Apples

Chicken Broccoli Alfredo **12**
Garlic Bread
Spinach Salad
Orange Slices

Sloppy Joe **19**
on WG Bun
Baked Beans
Tater Stars
Mandarin Oranges

Mr. Rib on WG Bun **26**
Oven Fries
Mixed Veggies
Pineapples

Breakfast Pizza & Fruit

Tuesday

Chicken Noodle Soup **6**
Peanut Butter Sandwich
Baby Carrots
Blushing Pears

Beef Tacos **13**
Refried Beans
Lettuce & Tomatoes
Apple Slices
Snickerdoodles

Meat Nachos **20**
Garden Salad
Tomatoes
Refried Beans
Strawberries

Mandarin Orange **27**
Chicken
Steamed Asian Veggies
Brown Rice
Peaches

Waffles & Fruit

Wednesday

Ham **7**
Scalloped Potatoes
Green Beans
Hot Roll
Banana

Pork Tenderloin **14**
Mashed Potatoes with Gravy
Corn
Hot Roll
Peaches

Spaghetti with Meat Sauce **21**
Green Beans
Spinach & Romaine Salad
Garlic Bread
Banana

Pizza **28**
Green Beans
Fresh Veggie Assortment
Apple Slices

Biscuits & Gravy, Fruit

Thursday

Oven Fried Chicken Leg **1**
Mashed Potatoes & Gravy
Corn
Hot Roll
Strawberries & Banana

Pigs in a Blanket **8**
Garden Salad
Mixed Veggies
Cookie
Pineapple

Chili with Crackers **15**
Celery & Carrots
Cinnamon Roll
Banana

Chicken Sandwich **22**
on WG Bun
Oven Roasted Potatoes
Savory Carrots
Pears

No School **29**

Omelet & English Muffin

Friday

Cheese Bread Sticks **2**
with Marinara
Garden Salad
Carrots & Celery
Mixed fruit

Quesadilla **9**
Fresh Veggie Assortment
Coleslaw
Fruit Cup

Chicken Nuggets **16**
Oven Fries
Assorted Fresh Veggies
Fresh Grapes

Shrimp Poppers **23**
Baked Chips
Steamed Peas
Cookie
Applesauce

No School **30**



Milk and Juice are served with breakfast. Milk is served with lunch.